



The João José 'John' Santos Charitable Organization  
A N.J. non-profit corporation

bringing depression and suicide prevention into the spotlight!

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from **STIGMA** to **EDUCATION**

A educação é a chave para a compreensão da doença!  
[www.thejohncharitable.org](http://www.thejohncharitable.org)

**2 0 1 7 -- WINTER / SPRING**

**BEREAVEMENT/SUPPORT GROUPS**

**for SURVIVORS of SUICIDE LOSS**

Our support groups provide an opportunity for those who experienced the suicide of a family member/friend to share their thoughts, feelings; receive emotional strength, understanding, resources and education.

***When: Jan 24 | Feb 14 | March 14 | April 4 | May 23***

***Where: Bridgewater Library***

***Time: 6:30pm - 8:30pm***

***Bilingual (Portuguese/Spanish) support is available***

**These support groups are not intended to counsel those who are in need of mental health care and/or having suicidal thoughts.**

*Educating for a healthy tomorrow; one person, one family, one community at a time!*  
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