

Please feel free to share my story with Mindworks. Here it is:

I've been battling side effects of medications that I've been on for a while. One of these meds was L-thyroxine for my underactive thyroid. I have been on a campaign to get off all meds for the last four years and this one was the last one I wanted to stop but was hesitant since my doctors put the fear of God in me by saying that my brain and all the cells in my body needed this medication for me to function properly.

Prior to being prescribed this medication, I noticed that I was having some "senior moments" and felt that I was too young to be experiencing these events (not remembering people's names, struggling to remember a specific "easy" word I wanted to use but couldn't, another example of my brain not functioning properly: being in the laundry room reaching for Shaklee clothes rinse but my hand would not pick it up instead picking up my Shaklee detergent no matter how many times I would reach for the rinse--that scared me into continuing the medication). Then, I started losing my hair. That was the straw that broke the camel's back (so to speak). So I consulted with Amanda who reviewed my blood results and found that my thyroid function was decreasing over the last few years while taking the medication instead of increasing its function or normalizing. So she recommended Mindworks.

I've been on Mindworks for just 6 weeks. Within the first week, I noticed that I was not experiencing those senior moments anymore. I didn't have problems with my speech. I felt better than I had in a long time. I felt lucid, focused and alive. When I reach for something that I want, I get it--the first time! And I don't get the awful migraine headaches that would wake me up almost on a daily basis. Now, I'm looking forward to seeing what my blood work says next time it is drawn. I'm sure it will be good news.

M. R.

Enriqueta is in Virginia visiting her son. In the past, she would be hesitant about driving in the area, because traffic patterns and distances seemed overwhelming.

This year, she decided to take **Mindworks** and use it as part of her plan. She has been driving longer distances and can remember directions and landmarks without any major effort. She is feeling a significant improvement in focus and memory skills and is enjoying driving her grand daughters around and being part of their life without limitations or hesitation.

Enriqueta is 73 and loving the effect of Mindworks in her routine.

I personally have used **Mindworks** recently to deal with headaches (rare for me, but with good cause now) and my headaches have vanished!!!! So I can tell you that the immediate effect of the product is for real!