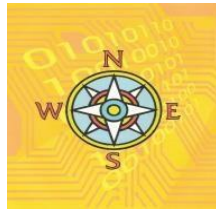




Shaklee HEALTHPRINT
Start the foundation for your
longer, healthier life.



The João José 'John' Santos
Charitable Organization
A N.J. non-profit corporation

'Bringing depression and suicide
prevention into the spotlight'
www.thejohncharitable.org

eZential Wellness
A place for harmony, healing and happiness



****September is National Suicide Prevention Month****

*John Santos Charitable Organization & eZential Wellness
Presents:*

2nd HOPE & WELLNESS WORKSHOP

~Building STRONGER/HEALTHIER Communities~

Sunday, September 23rd

1:30-4:30 pm

1 Lamington Rd, Branchburg NJ (Corner of Rt 28 & Lamington Rd)

Extra Parking at Girl Scout Building Across the Street (Green Building)

This FREE workshop invites families as well as Survivors of suicide loss to join us for an informative, educational & relaxing afternoon.

- Feeling Stressed, Anxious, Depressed?
- Taking medication without feeling better?
- Thinking about Natural Treatments to heal and reduce stress?
- Discover natural remedies and supplements to boost happiness & reduce pain.
- Stressed due to unemployment, or unhappy at your current job?
- Interested in learning about employment opportunities in high-tech industries?

If yes, then this workshop is calling you! In this hope & wellness forum, you will get connected to numerous community resources to help you feel better, learn how nutritional imbalances can affect your mental wellness, and maybe find your dream job!

****Survivors of suicide loss will gather for a group session "Healing & HOPE". Feel welcome to bring a photo of your loved one for our Memory Board****

PRE-REGISTRATION REQUIRED!

REGISTER AT: eZentialWellness.com or Call Augusta Santos 908-938-0392

Light Refreshments Will Be Served!

Sponsored By: The Joao Jose 'John' Santos Charitable Organization,
eZential Wellness, Shaklee, Anchored Minds & Bodies, Santronics Inc & Elio Arrechea, PhD