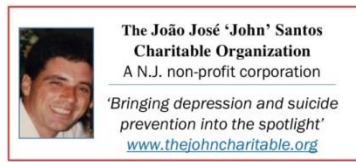




Shaklee HEALTHPRINT
Start the foundation for your
longer, healthier life.



****September is National Suicide Prevention Month****

***John Santos Charitable Organization & eZential Wellness
Presents:***

2nd HOPE & WELLNESS WORKSHOP

~Building STRONGER/HEALTHIER Communities~

Sunday, September 23rd

1:30-4:30 pm

1 Lamington Rd, Branchburg NJ (Corner of Rt 28 & Lamington Rd)
Extra Parking at Girl Scout Building Across the Street (**Green Building**)

This FREE workshop invites families as well as Survivors of suicide loss to join us for an informative, educational & relaxing afternoon.

- Feeling Stressed, Anxious, Depressed?
- Taking medication without feeling better?
- Thinking about Natural Treatments to heal and reduce stress?
- Discover natural remedies and supplements to boost happiness & reduce pain.
- Stressed due to unemployment, or unhappy at your current job?
- Interested in learning about employment opportunities in high-tech industries?

If yes, then this workshop is calling you! In this hope & wellness forum, you will get connected to numerous community resources to help you feel better, learn how nutritional imbalances can affect your mental wellness, and maybe find your dream job!

****Survivors of suicide loss will gather for a group session "Healing & Hope". Feel welcome to bring a photo of your loved one for our Memory Board****

PRE-REGISTRATION REQUIRED!

REGISTER AT: eZentialWellness.com or Call Augusta Santos 908-938-0392

Light Refreshments Will Be Served!

Sponsored By: The Joao Jose 'John' Santos Charitable Organization,
eZential Wellness, Shaklee, Anchored Minds & Bodies, Santronics Inc & Elio Arrechea, PhD