



The João José 'John' Santos Charitable Organization
A N.J. non-profit corporation
bringing depression and suicide prevention into the spotlight!

from **STIGMA** to **EDUCATION**

A educação é a chave para a compreensão da doença!
www.thejohncharitable.org

2019 | SUICIDE BEREAVEMENT SUPPORT GROUPS

If you lost a loved one to suicide—you are not alone!! Suicide affects millions of people each year!! JJJSCO provides an opportunity for those who grieve a suicide loss to participate in our free support groups and connect with other survivors. We believe that by sharing, talking about your loved one is key to cope with the loss.

Our suicide bereavement support groups are held at the Bridgewater Library in Conference Room C on the following days/times:

June 14 - 3:00pm - 5:00pm | July 19 - 3:00pm - 5:00pm
August 9 - 3:00pm - 5:00pm | September 16 - 6:30pm - 9:00pm
October 14 - 6:30pm - 9:00pm | November 18 - 6:30pm - 9:00pm
December 20 | 3:00pm - 5:00pm

{Portuguese/Spanish support also available}

For more details, please contact Augusta Santos: 908.938.0392 / johncharitable@aol.com

*Educating for a healthy tomorrow; one person, one family, one community at a time!
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