



The João José 'John' Santos Charitable Organization
A N.J. non-profit corporation

bringing depression and suicide prevention into the spotlight!

from **STIGMA** to **EDUCATION**

A educação é a chave para a compreensão da doença!
www.thejohncharitable.org

2018 - SUICIDE BEREAVEMENT SUPPORT GROUPS

When: January 8th / Conf Rm A
February 5th / Conf Rm A
March 5th / Conf Rm B
April 9th / Conf Rm B
May 2nd / Conf Rm B

Where: Bridgewater Library
Time: 6:30pm – 8:30pm

Our support groups provide an opportunity for those who experienced the suicide of a loved one to share their thoughts/feelings, and receive resources/education.

Bilingual support/resources are available (Portuguese/Spanish)

For more details, please contact Augusta Santos: 908.938.0392 / johncharitable@aol.com

Educating for a healthy tomorrow; one person, one family, one community at a time!
P.O. Box 234 ~ Raritan, NJ 08869 ~ 908.938.0392 ~ www.thejohncharitable.org