



The João José 'John' Santos Charitable Organization  
A N.J. non-profit corporation

bringing depression and suicide prevention into the spotlight!

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from **STIGMA** to **EDUCATION**

A educação é a chave para a compreensão da doença!  
[www.thejohncharitable.org](http://www.thejohncharitable.org)

## **BEREAVEMENT / SUPPORT GROUPS**

### **for SURVIVORS of SUICIDE LOSS**

Our support groups provide an opportunity for those who experienced the suicide of a family member/friend to share their thoughts, feelings; receive emotional strength, understanding, resources and education.

***When: Jan 24th | Feb 14th | March 14th | April 4rd  
May 23rd / Aug 1<sup>st</sup> / Oct 10<sup>th</sup> / Nov 7<sup>th</sup> / Dec 12<sup>th</sup>***

***Where: Bridgewater Library***

***Time: 6:30pm - 8:30pm***

***Bilingual (Portuguese/Spanish) support is available***

**These support groups are not intended to counsel those who are in need of mental health care and/or having suicidal thoughts.**

***For more information, please contact Augusta Santos @ [johncharitable@aol.com](mailto:johncharitable@aol.com)  
908.707.1699 / 908.938.0392***